

Connecting the Exposome with Redox Regulation in Health and Disease

Grande Hotel do Luso, October 6-9 2025

Monday, October 6

17h15 **Opening Lecture**

Redox Signaling, Oxidative Eustress and Distress

Helmut Sies

Tuesday, October 7

Cardiovascular Pathophysiology

The non-canonical pathway for NO: translating NO biology to the clinic

Amrita Ahluwalia

KEAP1/Nrf2 Pathway and its Modulation by Sulforaphane

Giovanni Mann

10h00 **Selected Oral Presentations**

11h15 **Nutrigenomics: Diet-driven Modulation of Gene Expression**

Nutrigenomics: Redox Regulation and Epigenomics

Carsten Carlberg

The comparison of antioxidant properties and nutrigenomic redox-related activities of vitamin C, C-

vitamers, and other common ascorbic acid derivatives

Agnieszka Bartoszek

12h15 **Selected Oral Presentations** 15h00 **Gut Feelings**

Diet/Microbiome Interactions and their Role in Regulation of Intestinal Health

Redox signaling in the gastrointestinal tract

Juan Sastre

Wednesday, October 8

Environmental Interactions

Aging and the role of environmental factors

Tilman Grune

Cutaneous Oxinflammatory Responses to Pollution

Giuseppe Valacchi

10h00 **Selected Oral Presentations**

11h15 **Redox Cycles and Small Oxidants in Signaling**

Redox Regulation of Neurovascular Coupling: a mechanism-based approach driven by nitrite and ascorbic acid from diet towards cognitive enhancement

João Laranjinha

Hypoxia signalling by mitochondrial reactive oxygen species

Antonio Martinez-Ruiz

Selected Oral Presentations 12h15

Round Table 15h00

Free Radicals in the Lab: Identification and Quantification

16h00 Career Skills

Soft Skills - How to get your Research Published in a Good Journal

Anthony Newman

Thursday, October 9

9h15 **Energy Metabolism**

Redox-Metabolic Regulation and Exposure to Low Temperatures

Aleksandra Jankovic

Fatty acid metabolites (Acylcarnitines) that play important roles in cellular energy metabolism pathways

Maija Dambrova

Mitochondrial medicine and translational aspects of mitochondrial diseases

Carlo Viscomi

11h15 **Lipid Metabolism and Redox Signaling**

Relationship Between Cholesterol Metabolism and Alzheimer's Disease

Gabriella Leonarduzzi

Oxysterols in Aging and Human Diseases

Irundika Dias

12h15 Selected Oral Presentations

15h00 Flash Presentations from Selected Posters

16h00 **Closing Lecture**

Connecting the exposome and redox signaling in health and disease

Andreas Daiber















