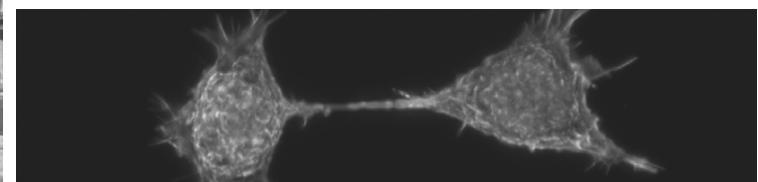


Welcome Guide



CENTER FOR
NEUROSCIENCE
AND CELL
BIOLOGY

		231249170 / genoinq@biocant.pt
Mass Spectrometry	708	231419040 / bmanadas@gmail.com
Paulo Alves	706	paulo.alves@biocant.pt
Sala de lavagem (UC-Biotech)	739	231249170
Vitor Nunes	707	
Administrative Staff		
Rute Simões	700	231249170
Security Guard	700	231249170

Emergency Phone Numbers / Utility Services	
National Emergency Number	112
Poison Information Center	808 250 143
Fire Department - Coimbra	239 822 323
Fire Department - Cantanhede	231 422 122
Water Company - Coimbra	239 096 000
Water Company - Cantanhede	231 410 830
Gas Supplier (Gold Energy) – Cantanhede	800 200 157
Police - Coimbra	239 797 640
National Guard – Coimbra	239 794 300
National Guard – Cantanhede	231 422 446
AMBIMED	800 200 246
Energy Company	808 100 100
Coimbra University Hospitals	239 400 400
Cantanhede Hospital	231420 637

VENUES

CNC labs are located in 3 different venues, as showed in Figure 1.



UC polo I, Coimbra

Working hours: 9h-17h



UC polo III, Coimbra

Working hours: 9h-17h



UC-Biotech, Cantanhede

Working hours: 9h-18h

Figure 1 – CNC labs

PEOPLE

Board of Directors



President
João Ramalho-Santos



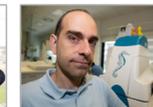
Vice-President
Luís Pereira de Almeida



Vice-President
Ana Luísa Carvalho



Vowel
Lino Ferreira



Vowel
Paulo Oliveira



Vowel
Ana Cristina Rego



Vowel
João Laranjinha

Figure 2 – CNC Board of Directors

Scientific Platforms

Scientific Platform	Head	Contact
MICC - Microscopy Imaging Center of Coimbra	Luísa Cortes	lcortes@cnc.uc.pt micc@cnc.uc.pt
Flow Cytometry	Isabel Nunes	inunes@cnc.uc.pt
Animal House	Paula Mota	pccmota@cnc.uc.pt
MitoXT Services	Paulo Oliveira	pauloliv@cnc.uc.pt
Neurogenetics and inherited eye disorders	Maria Rosário Almeida	mralmeida2008@gmail.com
Vira Vector	Rui Nobre	rui.nobre@cnc.uc.pt
Mass Spectrometry	Bruno Manadas	bmanadas@cnc.uc.pt
Genomics Unit	Conceição Egas	cegas@biocant.pt
Cell Biology	Mário Grãos	mgraos@biocant.pt
Mitochondrial Biomedicine and Theranostics	Manuela Grazina	bioggen@gmail.com

General Services

General Services	Head	Contact
Cell culture rooms	Isabel Nunes	inunes@cnc.uc.pt /
	Cândida Mendes	candida.mendes@cnc.uc.pt
Cell culture medium preparation and cell plate coating	Isabel Dantas	idantas@cnc.uc.pt
Mycoplasma analysis	Isabel Nunes,	inunes@cnc.uc.pt /
	Isabel Dantas and	candida.mendes@cnc.uc.pt /
	Cândida Mendes	idantas@cnc.uc.pt
General equipment	Isabel Nunes, Isabel Dantas and	inunes@cnc.uc.pt /
	Cândida Mendes	candida.mendes@cnc.uc.pt / idantas@cnc.uc.pt
Lab technical support	Isabel Nunes	inunes@cnc.uc.pt

Mónica Morais	154	304502944
Nilza Marques	146	304502936
Sandra Luís	153	304502943
Sílvia Sousa	147	304502937
Susana Rocha	130	304502920
Tatiana Paula	148	304502938
Polo III		
Principal Investigators		
Alexandrina Mendes	239480209	afmendes@ff.uc.pt
Celeste Lopes	239480214	celeste@ff.uc.pt
João Ramalho Santos		jramalho@uc.pt
Manuela Grazina	239480038	mgrazina.fmuc@gmail.com
Maria Luísa Sá e Melo		samelos@ff.uc.pt
Olga Borges	239488428	olga@ci.uc.pt
Teresa Rosete Cruz	239480209	trosete@ff.uc.pt
UC-Biotech		
Principal Investigators		
Alexandra Carvalho		atpcarvalho@uc.pt
Ana Eulálio		aeulalio@ci.uc.pt
Armindo Salvador		salvador@cnc.uc.pt
Bruno Manadas		bmanadas@cnc.uc.pt
Conceição Egas		cegas@biocant.pt
Filipe Pereira		filipe.pereira@uc-biotech.pt
Hugo Fernandes		hugo.fernandes@uc-biotech.pt
Isaura Simões		isimoies@biocant.pt
John Jones		jones@cnc.uc.pt
Lino Ferreira		lino@uc-biotech.pt
Mário Grãos		mgraos@biocant.pt
Miguel Mano		mano@ci.uc.pt
Paulo Oliveira		pauloliv@cnc.uc.pt
Ricardo Neves		ricardo.neves@biocant.pt
Ricardo Pires		ricardo.pires@biocant.pt
Vilma Sardão		vimarisa@ci.uc.pt
Core Facilities, Technical Support		
Animal House	703	231249174 / bioterio.uc-biotech@cnc.uc.pt
Genomics Unit	709	

Conceição P. Lima	155	mdelima@ci.uc.pt
Eugénia Carvalho	133	ecarvalh@cnc.uc.pt
Henrique Faneca	116	henrique@cnc.uc.pt
João Laranjinha	117	laranjin@ci.uc.pt
João Nuno Moreira	116	jmoreira@ff.uc.pt
Luis Almeida	137/123/116	luispa@cnc.uc.pt
Maria Amália Jurado		asjurado@bioq.uc.pt
Milton Costa		milton@ci.uc.pt
Nuno Empadinhas	140	numenius@cnc.uc.pt
Paula Agostinho	129	pagost@cnc.uc.pt
Paula Moreira	129	pimoreira@fmed.uc.pt
Paula Veríssimo	121	paulav@ibili.uc.pt
Paulo Pinheiro	156	pinheiro@cnc.uc.pt
Ricardo Rodrigues	134	ricardojrodrigues@gmail.com
Rodrigo Cunha	114	rcunha@fmed.uc.pt
Sandra Morais Cardoso	128	scardoso@cnc.uc.pt
Teresa Gonçalves		tmfogg@ci.uc.pt
Scientific Platforms and Technical Support		
Animal House		239857777
Flow Cytometry Office Isabel Nunes / Cândida Mendes	118	304502908
Science Communication Office Sara Amaral / Ana Teresa Viegas / João Cardoso	145	304502935 / scicomm@cnc.uc.pt
Project Management and Fundraising Elsa Henriques / Marisa Azul / Emanuel Melo	144	304502934
Health and Safety Office Isabel Nunes	118	304502908
Informatics Office	135	nsantos@securenetworks.pt
Microscopy Unit Luísa Cortes / Margarida Caldeira / Tatiana Catarino	143	micc@cnc.uc.pt
Technicians Office Isabel Nunes / Isabel Dantas / Cândida Mendes / João Pratas	118	304502908
Administrative Staff		
Carla Lopes	151	304502941
Catarina Gomes	149	304502939
Heidi Gonçalves	150	304502940
Lúisa Bonito	152	304502942

Logistics and internal mail	Susana Rocha (polo I) and Rute Simões (UC-Biotech)	srocha@cnc.uc.pt / rute.simoes@uc-biotech.pt
Registration and internal communication	Lia Lopes	llopes@cnc.uc.pt

Offices

Offices	Head	Contact
Science Communication	Sara Varela Amaral	scicomm@cnc.uc.pt
Project Management and Fundraising	Elsa Henriques	grants@cnc.uc.pt
Health and safety office	Cândida Mendes	healthsafety@cnc.uc.pt / candida.mendes@cnc.uc.pt
Legal department, purchases and human resources	Sílvia Sousa	silvia@cnc.uc.pt
Quality department	Carla Veríssimo	carla.verissimo@cnc.uc.pt
Doctoral Program (PDBEB)	Susana Rocha	srocha@cnc.uc.pt
Board of Directors secretariat	Lia Lopes and Rosa Fernandes	llopes@cnc.uc.pt / rosa@cnc.uc.pt

RESEARCH GROUPS

At present, CNC is organized in three major thematic strands (research lines), each coordinated by a senior scientist:

- Neuroscience and Disease - Head: Ana Luísa Carvalho
- Metabolism, Aging and Disease - Head: João Ramalho-Santos
- Biotechnology – Head: Luís Pereira de Almeida

The 3 thematic research lines are organized in research groups, headed by Principal Investigators, on their scientific field of expertise

The CNC research groups on each thematic research area are:

Neuroscience and Disease

Research Group	Principal Investigator
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Neuromodulation	Rodrigo Cunha
Synapse biology	Ana Luísa Carvalho
Neurotrophin signaling and synaptic (dys)function	Carlos B. Duarte
Mitochondria and neurogenerative disorders	Ana Cristina Rego
Neuronal circuits and behavior	João Peça
Neuroendocrinology and aging	Cláudia Cavadas
Redox biology and brain sensing	João Laranjinha
Biomarkers in neuropsychiatric disorders: from molecules to diagnosis and intervention	Catarina Resende de Oliveira

Metabolism, Aging and Disease

Research Group	Principal Investigator
Biology of Reproduction and Stem Cell	João Ramalho-Santos
Obesity, Diabetes and Complications	Eugénia Carvalho
Mitochondria, Metabolism and Disease	Paulo Oliveira
Cell Signaling and Metabolism in Disease	Cláudia Pereira
Intermediary Metabolism	John Jones

Biotechnology

Research Group	Principal Investigator
Medical Microbiology	Teresa Gonçalves
Molecular Mycobacteriology and Microbiome	Nuno Empadinhas
Tumor Microenvironment and Targeted Therapies	João Nuno Moreira
Gene and Stem Cell Therapies for the Brain	Luís Pereira de Almeida
Nanosystems and Targeted Antitumor Strategies	Henrique Faneca
Vaccines and Adjuvant: Nanoparticulate Immunomodulators	Olga Borges
Therapies Targeting Brain Diseases: Genomic and Lipidomic Approaches	Maria Conceição Pedroso Lima
Medicinal Chemistry and Drug Discovery	Jorge Salvador
Computational and Systems Biology	Armindo Salvador
Microbial and Molecular Biotechnology	Isaura Simões
Stem Cells and Drug Screening	Hugo Fernandes
Stem Cell Metabolism	Ricardo Neves
Cellular Mechanobiology	Mário Grãos

CONTACTS

CNC @ polo I

Faculty of Medicine, polo I, 1st floor

Rua. Larga

3004-504 Coimbra

Portugal

T +351 239 820 190

F +351 239 822 776

General: info@cnc.uc.pt

CNC @ polo III

Faculty of Medicine, polo III

Azinhaga de Santa Comba

3000-548 Coimbra

Portugal

T +351. 239 480 200

CNC @ UC-Biotech

UC Biotech Building, lote 8A

Biocant Park

3060-197 Cantanhede

Portugal

T +351 231 249 170

	Internal Number	External Number or Email
Polo I		
CNC Board of Directors		
João Ramalho-Santos		jramalho@uc.pt
Ana Cristina Rego	128	acrego@cnc.uc.pt
Ana Luísa Carvalho	120	alc@cnc.uc.pt
Lino Ferreira		lino@uc-biotech.pt
Luis Almeida	116	luispa@cnc.uc.pt
Paulo Oliveira		pauloliv@cnc.uc.pt
Board of Direction Office	113	304502903 / direcao@cnc.uc.pt
Principal Investigators		
Ana Cristina Rego	128	acrego@cnc.uc.pt
Ana Luísa Carvalho	127	alc@cnc.uc.pt
Attila Kofalvi	126	akofalvi@uc.pt
Carlos B. Duarte	120	cbduarte@ci.uc.pt
Cláudia Cavadas	132/119	ccavadas@uc.pt
Cláudia Pereira	129	cpereira@cnc.uc.pt



Facebook – CNC UC

Like



Instagram – cnc.uc

Follow and Mention



Twitter – cnc_uc

Follow and Mention



LinkedIn – CNC UC

Follow and associate your professional profile

3. Participate in Public Engagement Activities

Science Communication is a powerful tool to engage society in scientific research and is a very good way to develop really important skills, as visual communication and networking. Here, you have are a lot of opportunities to learn and to be involved in Public Engagement Initiatives. Contact Science Communication Office (scicomm@cnc.uc.pt) to be part of it.

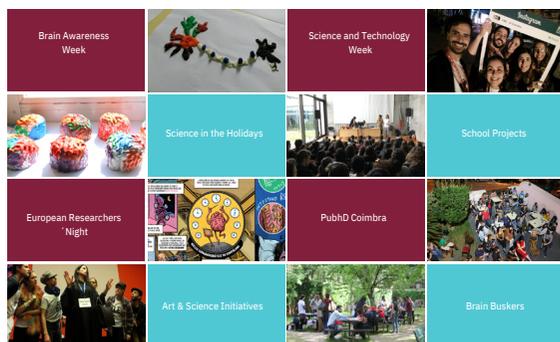


Figure 4 – Examples of Public Engagement Activities at CNC

- **Health, Security and Safety**

CNC will provide a Guide dedicated to health, security and safety that all the members of CNC community should read.

Data Driven Molecular Design	Irina Moreira
Biomaterials and Stem Cell-based Therapeutics	Lino Ferreira
Microbiology of Extreme Environments	Milton Costa
Cell Reprogramming and Developmental Hematopoiesis	Carlos Filipe Pereira
Rational Protein Engineering	Alexandra Carvalho
Life Sciences Mass Spectrometry	Bruno Manadas
Microbiomes, Metabolomic and Omics	Conceição Egas
RNA and Infection	Ana Eulálio
Structural Biotechnology	Ricardo Pires
Functional Genomics and RNA-based Therapeutics	Miguel Mano

BE ENGAGED

- **Good Scientific Practice**

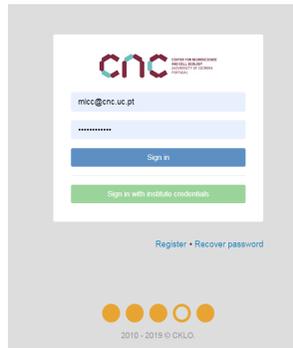
Researchers and other employees of CNC should guide its actions and its decision-making by a set of ethical principles, such as respect for the dignity and integrity of the human person, respect for democracy, law and security, for other people's property including intellectual, and even respect for the privacy and protection of personal data.

The performance of each and every employee of the CNC should always be to maintain and defend the integrity and dignity of the institution, building a professional reputation based on the merit of their services and not through unfair competition with other researchers or institutions. It is CNC obligation contribute to the development and formalization the fundamentals of an ethics of research that goes through recommendations on internal and external scientific communication, the researcher responsibility to the organization and society, particularly in its evaluation activities and enhancement of investigation.

The CNC, through its Director, takes a commitment to honesty, impartiality and independence, also treating all people, regardless of gender, family ancestry, race, color, ethnic origin, language, nationality, place of origin, political and ideological, union membership, marital and family status, economic and social status, social, age or disability.

- **Connect to online equipment booking platform: *Agendo***

The booking platform at CNC, named *Agendo* (<https://cnc.agendo.science/>), allows CNC users to register and to book equipment time, to contact various user groups via e-mail, to apply for microscopy training and to ask for consumables, either at CNC Polo I, Polo III and UC-Biotech.



Create a new account

*Required fields

*E-mail:
E-mail

*First name:
First name

*Last name:
Last name

Mobile:
Mobile

Phone:
Phone

Phone extension:
Phone extension

*Institute:
CNC

*Group:
Choose an option

Request access to:
Select the calendars you wish to use:

- Axio Imager Z2
- Axioskop 2 Plus (Morfologico)**
- BD Accuri C6
- BD Axiell cell sorter
- BD FACSCalibur
- Cell Lines 1st floor - Flow Chamber 1
- Cell Lines 1st floor - Flow Chamber 2

Leave a comment:
It will be sent to the manager along with your request

I agree with [Agendo's Terms of Use](#)

1. Users must have a valid reservation in the equipment before using it, made in the Agendo platform.
2. Users must use their own booked time and not book or use a resource with another username.
3. Users must warn the previous user or shutdown the system themselves if they cancel a reservation.
4. Unused reservations will be charged at full rate.
5. Users can sign in for a waiting list if the system is fully booked and are notified if a slot becomes available.
6. Please be aware that for some equipment it is mandatory that all users attend a training session before using it for the first time.

• Seminars

At CNC, we have two scientific seminars per week (one at CNC polo I and one at UC-Biotech). Attend the seminars is a very good way to improve your scientific culture and to network with professionals with different scientific experience and backgrounds. Be aware.

• Science Communication

To be involved in Science Communication at CNC you should:

1. Receive the internal communication – Fill the form to be part of the CNC mailing list SYNERGIES: <https://forms.gle/GmMKAG7N4WuRrh69>



Figure 3 – CNC Form

- According with the General Data Protection Regulation (GDPR).
- All the new collaborators must fill out the online form | At the end of the collaboration with CNC you should inform the SciComm Office.

2. Follow CNC Social Networks

Agendo Usage Rules

Universidade de Coimbra
Rua Larga, Faculdade de Medicina,
Pólo I, 1º andar
3004-504 Coimbra, Portugal
T+351 239 820 190
F+351 239 822 776

Pólo III – Pólo das Ciências da Saúde
Universidade de Coimbra
Azinhaga de Santa Comba, Celas,
3004-504 Coimbra, Portugal
T+351 239 480 200

UC – Biotech,
Parque Tecnológico de Cantanhede
Núcleo 04, Lote 8
3060-197 Cantanhede, Portugal
T+351 231 249 170

info@cnc.uc.pt
www.cnc.uc.pt

Universidade de Coimbra
Rua Larga, Faculdade de Medicina,
Pólo I, 1º andar
3004-504 Coimbra, Portugal
T+351 239 820 190
F+351 239 822 776

Pólo III – Pólo das Ciências da Saúde
Universidade de Coimbra
Azinhaga de Santa Comba, Celas,
3004-504 Coimbra, Portugal
T+351 239 480 200

UC – Biotech,
Parque Tecnológico de Cantanhede
Núcleo 04, Lote 8
3060-197 Cantanhede, Portugal
T+351 231 249 170

info@cnc.uc.pt
www.cnc.uc.pt